



# Managing Growth® - Spring 2019

## Get a Jump on Becoming Compliant with Local Law 196

Receive a 30-Hour OSHA card and a Site Safety Training Card (SST Card)

**OSHA 30-Hour** - This course trains participants on the requirements of the OSHA standards and construction work practices. This course is a comprehensive safety program designed for anyone involved in the construction industry. The course provides complete information on OSHA compliance issues and is designed to help recognize safety hazards on the job. Topics covered include: introduction to OSHA; OSHA Standards & Inspection Procedures; Safety programs & Subpart C; recordkeeping; electrical; scaffolds; fire prevention; welding & cutting; fall protection; concrete & masonry; stairways & ladders; cranes; rigging & materials handling; signs, signals & barricades; excavations; tools hand & power; personnel protective equipment; health hazards, confine space entry; steel erection and powered industrial vehicles.

**8-Hour Fall Protection** This course is provides construction workers with information on recognizing potential fall hazards at their worksites and suggests ways to avoid, minimize, control or prevent the hazards whenever possible. The course focuses on falls to a lower level; not falls to the same level resulting from slips and trips. Course objectives are to identify factors that contribute to common fall hazards; explain how to analyze work areas for fall hazards; discuss methods to control or prevent fall hazards; describe OSHA's fall protection resources.

**2-Hour Drug and Alcohol Awareness Course** The purpose of this training is to enable supervisors to determine whether reasonable suspicion exists to require a driver to undergo testing described in §382.307. It must include at least 60 minutes of training on alcohol misuse and 60 minutes on controlled substances use (120 minutes total).

**REGISTER TODAY!!! SPACE IS LIMITED!!!**

Local Law 196 of 2017 requires certain workers and supervisors to receive safety training at construction sites that are required to designate a Construction Superintendent, Site Safety Coordinator or Site Safety Manager. Workers will need a minimum of 30 hours of training and supervisors will need 62 hours of training by June 1, 2019. In addition, workers will need an additional 10 hours of training by September 1, 2020. This 3-1 training meets that requirement. Don't wait until the last minute to get compliant. **Upon successfully completion all three courses, participants will receive a 30-Hour OSHA card and a Site Safety Training Card (SST card) this training is provided in conjunction with Site Safety LLC an approved provider by NYC DOB.**

Classes will be held at  
Times Square Hall  
Port Authority Bus Terminal  
625 8<sup>th</sup> Avenue, 2<sup>nd</sup> Floor, South Wing  
(Bet. Drago Shoe Repair and NJ Transit Offices) NYC

Registration fee  
All 3 classes \$400.00 per person.  
30-Hour OSHA \$250.00  
8-Hour Fall Protection 75.00  
2-Hour Drug and Alcohol Awareness \$75.00

Make checks payable to: Fund for the City of NY

Mail completed registration and payment to:  
Regional Alliance for Small Contractors  
P.O. Box 20094, PABT, New York, NY 10129

*Participants must be fluent in English!*

**OSHA 30-HOUR - April 1, 3, 8, 10, 15 and 17 (4:30-9:30 pm)**  
**8-Hour Fall Protection - April 22 and 24 (4:30-8:30 pm)**  
**2-Hour Drug & Alcohol Awareness - April 25 (5:00-7:00 pm)**

**REGISTRATION**

Name: \_\_\_\_\_  
Position: \_\_\_\_\_  
Firm: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Fax: \_\_\_\_\_  
E-Mail: \_\_\_\_\_

Please provide your individual email, confirmation notices will be sent only via e-mail.

If you have any questions please call (212)268-2991  
Email: [pcamargo.rascny@verizon.net](mailto:pcamargo.rascny@verizon.net) - Website: [www.regional-alliance.org](http://www.regional-alliance.org)